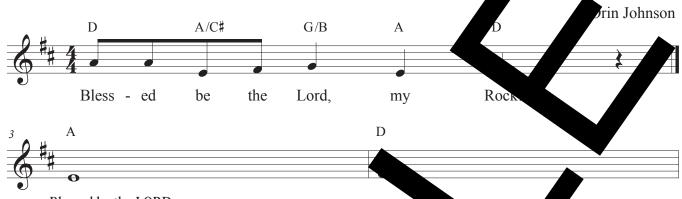
## Blessed Be the Lord, My Rock!

Ps. 144:1b, 2, 9-10 -or- Ps. 144:1b and 2abc



Blessed be the LORD, My mercy\* and my fortress, O God, I will sing a new song to you;

Blessed be the LORD, my rock, LORD, what is man, that you notice him

my rock

strongho. deliver ten-string. A chant your praise,

my rey and my fortress, the on of man, that you take thought of him?



who trains my hands for battle, My shield, in whom I trust, You who give victory to kings,

my stronghold, my
Man is like a breath;

my fingers for war.

who subdues my people under me.

deliver David, your servant from the evil sword.

My shield, in whom I trust. his days, like a passing shadow.

## Verses used for esignated lemnities:

Thursday of the 1th Weel Orange Time (Year II) (first set of verses, vs. 1, 2, 3) Wednesday of the 1d W in Ordinary Time (Year II) (first set of verses, vs. 1, 2, 3, and \*substitute for "mercy" in vs. 2)

Saturday of the 33rd ek in Ordinary Time (Year II) (first set of verses, vs. 1, 2, 3) f the 25th We Q Ordinary Time (Year II) (second set of verses, vs. 1, 2)