

# Psalm 69

Anthony Ruff, OSB

12th Sunday in Ordinary Time, Year A

Lord, in your great love, an - swer me.

## Psalm Tone

Mode 3

Psalm 69:8-10, 14, 17, 33-35. R/v. 14c

1. For your sake I bear insult and shame covers my face.  
I have become an outcast to my neighbors,  
a stranger to my children,  
because zeal for your house consumes me  
and the insults of those who blaspheme you come upon me. R/

2. I pray to you, O LORD,  
for the time of your favor, O God.  
In your great kindness answer me,  
with your constant love.  
Answer me, O LORD, for merciful is your kindness;  
in your great mercy turn toward me. R/

"See, you lowly ones, and bless the LORD;  
you who seek the LORD, may your hearts revive!  
For the LORD hears the poor,  
and his friends who are in need he spurns not.  
Let the heavens and the earth praise him,  
the seas and whatever moves in them!" R/

15th Sunday in Ordinary Time, Year C

Turn to the Lord in your need, and you will live.

Psalm Tone

Mode 8

[A] [B] [C] [E] [F]

Psalm 69:14, 17, 30-31, 33-34, 36, 37. R/ see v.

1. I pray to you, O LORD, for the time of your favor. Do not let your anger be kindled against me, O God! In your great kindness answer me, O LORD, with your constant help. Answer me, O LORD, for bounteous is your kindness: in your great mercy turn toward me. *R/*
2. I am afflicted and in pain, O LORD, let your saving help, O God, come to me. I will praise the name of God in song, *[omit D, E]* and I will glorify him in thanksgiving. *R/*
3. "See, you lowly ones, and be glad; you who seek God, may your hearts revive! For the LORD hears the poor, *[omit D, E]* and his own who are in bonds he spurns not." *R/*
4. For God will save Zion and rebuild the cities of Judah. The descendants of his servants shall inherit it, *[omit D, E]* and those who love his name shall inhabit it. *R/*